

GORILLA TREKKING IN UGANDA



PRE TOUR DAY

1st July 2011

8 Days Gorilla Trekking in Uganda

1st – 8th July 2011

Kibale, Queen Elizabeth National Park, Kyambura, Ishasha & the
Bwindi Impenetrable Forest National Park



Note

You must be reasonably fit to trek for gorillas
No-one under the age of 15 may do this tour

All information will be sent to you
e.g. visas, inoculations, what to bring, etc.
Immediately you book

We can also meet you at Entebbe Airport
(as well as Kampala)
If your flight plan requires you to enter through Entebbe

You will be met at Kampala Airport
By

Inkosi Africa Tours & Safaris
and taken to your
overnight accommodation.

The tour starts in
Kampala, Uganda

The Silver Backed Gorilla

A **silverback** is an adult male gorilla, typically more than 12 years of age
and named for the distinctive patch of silver hair on his back.

A silverback gorilla has large canine teeth that come with maturity.

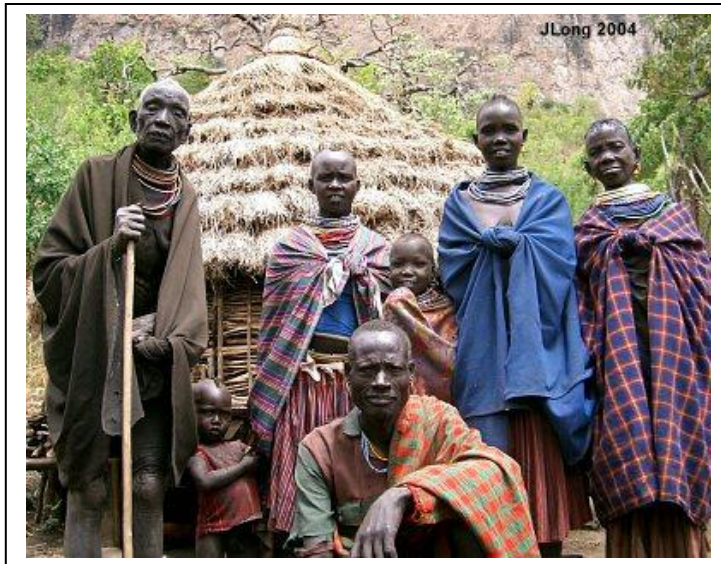
Blackbacks are sexually mature males of up to 11 years of age.

Gorillas are the largest of the world's living primates.

They are ground-dwelling and predominantly herbivorous and move
around by knuckle-walking.

If challenged by a younger or even by an outsider male, a silverback will
scream, beat his chest, break branches, bare his teeth, then charge
forward. Sometimes a younger male in the group can take over
leadership from an old male.

Visiting them is one of the most emotional wildlife encounters you will
ever experience !

DAY 12nd July 2011**UGANDA**

Uganda takes its name from the Buganda kingdom, which encompassed a portion of the south of the country including the capital Kampala.

The inhabitants of Uganda were hunter-gatherers until 1,700 to 2,300 years ago.

Nilotic people including Luo and Ateker entered the area from the north, probably beginning about A.D. 120.

Arab traders moved inland from the Indian Ocean coast of East Africa in the 1830s. They were followed in the 1860s by British explorers searching for the source of the Nile. Protestant missionaries entered the country in 1877, followed by Catholic missionaries in 1879.

The United Kingdom placed the area under the charter of the British East Africa Company in 1888, and ruled it as a protectorate from 1894.

As several other territories and chiefdoms were integrated, the final protectorate called Uganda took shape in 1914.

DAY 1

After breakfast, we depart for a half day drive west via Mubende to Fort Portal.

We pass through verdant countryside and traditional homesteads and farms where every imaginable fruit and vegetable of the tropics thrives.

At Kibale, we visit the craters and thereafter, we check-in at the luxury tented lodge.

Relax in the evening and have dinner at the lodge.

**Overnight
Kibale**

Kibale Forest Camp (www.naturelodges.biz)
Or Primate Lodge Kibale (www.ugandalodges.com)

Or

Ndali Lodge (www.ndalilodge.com)

(D,B&B)

DAY 23rd July 2011

After breakfast we go for an exciting rainforest walk and view primates (including chimps)

This recently established reserve is home to the most diverse and **the highest concentration of primates in all of Africa !**

There are 11 species of primates located here including:

Red Colobus Monkey
Black-and-White Colobus Monkey
Red-tail Monkey
L'hoest's Monkey
Blue Monkey
Mangabey and
Olive Baboons

The main attraction, however, are the **500 chimpanzees**

which we may find throughout the huge fig trees where they spend the day feeding on the sweet ripe fruits.

After our unforgettable experience in Kibale we drive on to the **Queen Elizabeth National Park**

Overnight
Queen Elizabeth National Park

In an African ambiance and beautiful views of the park with the Rwenzori Mountains

"The Mountains of the Moon"
 in the background.

Kibale Forest Camp (www.naturelodges.biz)

Or Primate Lodge Kibale (www.ugandalodges.com)

Or

Ndali Lodge (www.ndalilodge.com)

The Kibale Forest Camp has basic rooms (its close proximity to Mweya Safari Lodge allows access to swimming, western food and campfire).
 (D,B&B)

DAY 34th July 2011

We leave for an early morning game drive through the Queen Elizabeth National Park
Return late morning for Breakfast
Morning relax / swimming

After lunch take the Kazinga Channel boat cruise and view Lake Edward
The Kazinga Channel has one of the largest populations of hippo in the world (over 30,000)

Overnight

Mweya Hostel (basic with self-catering rooms)
Or Katara Lodge (www.kataralodge.com)
or Jacana Safari Lodge (www.geolodgesafrica.com)
or Mweya Safari Lodge (www.mweyalodge.com)

History of the Constitution

The constitution was amended in 1963 to satisfy an alliance between the Uganda People's Congress and the Kabaka Yekka Party, during the elections in 1962. This created a post of a titular Head of State called the President and a position of a Vice President. The UPC government appointed Edward Muteesa II, Kabaka (King) of Buganda, as the President and Commander in Chief of the armed forces. William Wilberforce Nadiope, the Kyabazinga of Busoga (paramount chief), was appointed Vice President.

In 1966, Milton Obote overthrew the king. A UPC-dominated Parliament changed the constitution, and Obote became president.

The elections were suspended, ushering in an era of military coups and counter-coups, which would last until the mid-1980s. Obote was deposed twice from office, both times by military coups.

DAY 45th July 2011

After breakfast this morning take a forest walk in the Kyambura Gorge (optional) which marks the north-eastern boundary of **Queen Elizabeth National Park.**

The gorge appears suddenly in hills of rolling savanna to reveal a deep slice of tropical rain forest containing a wealth of primate species.

Thereafter, we head to Ishasha in search for tree climbing Lions. We have a picnic lunch and then proceed to the Bwindi National Park

**Overnight
Bwindi Impenetrable Forest National Park**

Mweya Hostel (basic with self-catering rooms)
Or Katara Lodge (www.kataralodge.com)
or Jacana Safari Lodge (www.geolodgesafrica.com)
or Mweya Safari Lodge (www.mweyalodge.com)

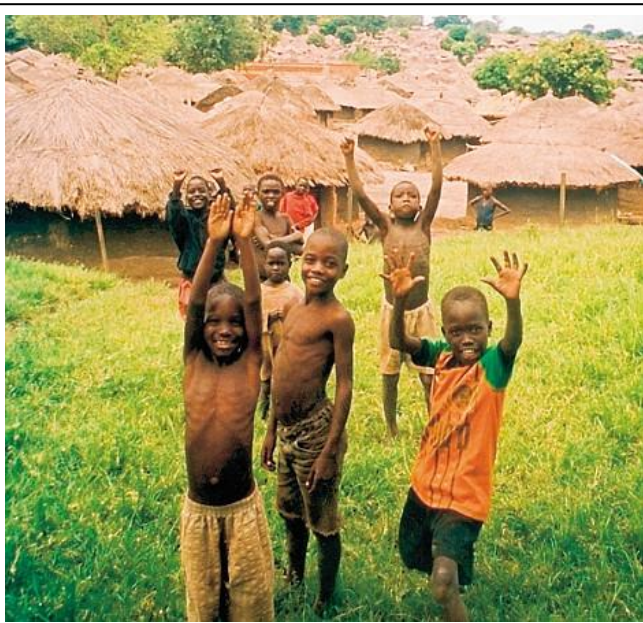
The Bwindi Impenetrable Forest

In the jungles of Bwindi Impenetrable Forest live half the world's population of highly endangered Mountain Gorillas.

There are only an estimated 700 left.

This pocket of huge primeval forest in the Virunga Mountain range is one of the most biologically diverse areas on earth.

*It has an eco-system that defines the very essence of the continent and has therefore been designated as a **World Heritage Site.***

DAY 56th July 2011

Up relatively early for a hearty breakfast to give ourselves the energy needed for ***gorilla trekking !***

Before 8:00 am, we report to the ranger station for registration and a preparation talk by one of the rangers; the guides will then take us through the bush, pushing our way through the undergrowth, parting thick creepers, to trek to the gorillas.

Sit in the forest among the gorillas, listening to them grumble to each other, and marvel at the sheer size of the dominant male; the silverback.

It is an extraordinary feeling sitting in the dense rainforest knowing we are with a few of the last remaining mountain gorillas.

If we have the energy in the afternoon, we will take ***a guided walk on the Munyaga River trail.***

This trail leads to three delightful crystal clear waterfalls, and there is a profusion of tree ferns, epiphytic ferns, orchids and Bwindi's colorful array of butterflies.

Here we may also see birds
(Uganda has over 1,000 varieties)
and primates right from the forest edge.

**Overnight
Bwindi Impenetrable Forest National Park**

Buhoma Community Camp (www.buhomacommunity.com)

Or

Engagi Lodge (www.kimbla-mantana.co.ug)

Or

Gorilla Forest Camp (www.sanctuaryretreats.com/lodges)

DAY 6/7

7th / 8th July 2011



DAY 6

After breakfast. Head out for Kampala through Mbarara Town.
Arrive in Kampala early in the evening around 6pm depending on traffic and weather.

**Overnight
Kampala**

Mosa Court Hotel. www.mosacourt.info

Or

Namirembe Guesthouse.

www.namirembe-guesthouse.com

or

Equivalent

DAY 7

Time dependent
visit
to a Christian Social Development Programme
or
do some local shopping
or
relax before driving to the Airport for your flight.

**Thank you for travelling with
Inkosi Africa Tours and Safaris !**

**We trust you've enjoyed your time with us
and have now**

fallen in love with Africa !



*Gorilla tracking can be a strenuous,
so persons below the age 15 are not allowed to
trek the gorillas.*

GORILLA PERMITS

*Each gorilla group is only visited for one hour a
day by a limited number of people. To control
this permits are normally purchased 3 months in
advance - before your trekking date.
So please book as soon as possible.*

*A permit for your gorilla tour costs
USD 500 per person (incl)*



The Pygmies of Africa

Although not listed here in the itinerary – we will be visiting a social development project for the pygmies – probably on day 5.

Throughout history, Africa has been blighted by colonisation, natural disasters and political unrest. Floods, hurricanes, droughts, famine and civil war stretch back centuries.

Persecuted during the Congolese Civil war, the pygmies were hunted and cannibalised. This together with their forced eviction from their traditional forest homes has reduced their population by 30 per cent, and today, in consequence, they are seriously marginalised.

Cost:

Adults: **Luxury and Budget options available**
Contact info@inkosiafrica.com
For latest details

Children: No children under 15 years !!

Prices are subject to change at short notice. Please confirm prices when booking.

All packages are offered on a per person sharing basis and subject to availability.

We try and place you with someone similar to you, however you may choose someone else or swap en route.

The tour needs a minimum of 5 people to run.

Whereas **Inkosi Africa Tours Safaris** present itineraries in good faith, however it is in the nature of a safari, or travelling in Africa that for reasons beyond its control, not all aspects of an itinerary may be available at the time the safari/tour takes place. Should this be the case, Inkosi Africa will in its discretion replace certain items, venues or routes with those of a similar or equal nature.

This is Africa and things can, and sometimes do, happen unexpectedly on safari - consider it all part of the adventure !

For further information please contact Richard on

info@inkosiafrica.co.za

Or chat live with us on

Skype "["inkosiafrica"](#)"

Tour package Includes

- Entrance fees to all National Parks and Game Reserves
- Conservation fees
- All bottled water and cold drinks en route in the vehicle (the vehicle has a fridge) – we don't want you to de-hydrate!
- All accommodation (hotels, etc) on tour (depending on which 'package' you have selected).
- All breakfasts, dinners and lunches. (D,B&B = Dinner, Bed & Breakfast)
- All transport on route
- Airport transfers
- Includes Gorilla permit (US\$500)

Tour price does not include

- Does not include accommodation and meals on the pre-tour day (your first day in Kampala).
- Medicines (e.g. malaria prophylactics)
- Some meals as indicated
- Medical or travel insurance
- Tips / gratuities
- Souvenirs
- Optional excursions e.g. helicopter rides, bungi jumping, etc



**environment
& tourism**

Department:
Environmental Affairs and Tourism
REPUBLIC OF SOUTH AFRICA