

Short Term Missionary Outreach Manual

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TEAM MEMBERS HANDBOOK

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**Missionary Outreaches of any duration are often difficult
... but rewarding and exciting.**

If you are going on a short term outreach

THEN READ THE MANUAL !

“To have even a small part in the evangelization of the world is the highest honour that can be conferred on any member of the Christian church.”

- J. Herbert Kane

First draft: January 1996

Second draft: July 1996

Third draft: January 1997

If you want to go on an outreach, need help or advice to organise one, or you are perhaps already a missionary and would like an outreach team to visit you then contact us at:

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Inkosi Africa is an organisation geared to mobilising, training, facilitating and coordinating the link between church and missionaries using short and long term missions.

At the same time having some fun and enjoying spreading the good news!

FOOD FOR THOUGHT

But He (Jesus) said, "I must preach the good news of the Kingdom to the other towns also, because that was why I was sent" (Luke 4:43)

"You must go or send a substitute. If God wills the evangelisation of the world, and you refuse to support missions, then you are opposed to the will of God"
(Dr Oswald J. Smith)

"The church that does not evangelise will fossilise. Why should anyone hear the gospel twice before everyone has heard it once?"
(William Carey)

Only as the church fulfils her missionary obligation does she justify her existence."
(Dr Oswald J. Smith)

"Faith without works is dead." (James 2:26)

1. INTRODUCTION:

- A. This manual hasn't come into your hands by chance!**
- B. Nor would you be reading this if you weren't in some way interested in missions!**
- C. Just as the '**Scarlet Thread**' of redemption (in the completed work of the Lord Jesus Christ) is woven throughout the message of the Bible; so too is the '**Golden Thread**' of missions woven into the same tapestry, from Abraham to Jonah to Jesus. God has chosen to use people in accomplishing His purpose of man's redemption.
- D. The "Great Commission"** starts not in Mathew, but with the Abrahamic covenant. God directed Abraham's spiritual children (today's Christians) who received the blessing of redemption to accept the responsibility of joining Him in extending that blessing to others. This is God's world mission.
- E. The Biblical Mandate** is the non-negotiable responsibility binding on all those who receive the benefit of God's covenant with Abraham, to share those same benefits with the other families (nations) of the earth.¹
- F. You are thus involved - whether you want to be or not!
Understanding God's plan puts a whole new perspective on the bible. Simply; if God had not purposed to redeem His chosen people through the gospel, there would be no need for Him to reveal Himself through the biblical record. The bible is about missions.
It is the bible that lays upon us the responsibility to evangelise the world, gives us a gospel to proclaim, tells us how to proclaim it and promises us that it is God's power for salvation for every believer.
From this it can be deduced that the degree of the churches commitment to world evangelism is commensurate with the degree of its conviction about the authority of God' plan of redemption as revealed in the bible.²
- G. Christ will not return or His bride until the gospel has reached the end of the earth.** (Math 24:14, 28:20, Acts 1:8).
- H. Your involvement in missions can only be one of the following; sending, co-ordinating, going or supporting.**
- I. This manual is aimed specifically at:
1. those **going** on short term outreaches,
2. and to lesser degree, those **organising** or **coordinating**.

¹ Stott, J.R.W. in "The bible: The Mission Manual" from 'An analysis of the World Christian Movement'. 2nd edition 1994. William Carey Library, Pasadena, California.

² Stott, J.R.W. 'The Bible in World Evangelisation', from 'Perspectives on the world Christian movement: A reader' 1992 rev ed. Wiliam Carey Library, Pasadena.

FOOD FOR THOUGHT

*"And we sent Timothy, our brother and God's servant in (spreading) the good news (gospel) of Christ, to strengthen and establish, exhort and comfort and encourage you in your faith."
(1 Thes 3:2)(Amp.)*

*"They devoted themselves to the ministry of the saints."
(1 Cor 16:15)*

*"How beautiful are the feet of those who bring good news."
(John 17:15)*

"Having then gifts differing according to the grace that is given to us, let us use them." (Romans 12:6)

*'Do we pray: 'Thy Kingdom come' but never: 'Here am I Lord, send me'?
(Dr David Livingston)*

J. This manual is not aimed at:

1. those **sending**, including the church, the leadership, the financial supporters (who mustn't see a donation as a way out of their responsibility to go), etc. Remember that the ability to give is a gift in itself. By giving you are returning to God what is His in the first place.
2. or those **supporting**, including the family of those going, those faithful intercessors (without whom no mission will be successful), etc. Family members staying behind often make the biggest sacrifice.
3. Sending or supporting 'short-termers' is a real investment into their lives and into the Kingdom of God. The cumulative effects of supporting an outreach go on forever.

K. God blesses those who are reached, those who go and those who send and those who support.

L. There are many topics deliberately left out (e.g. intercession, first aid, networking, leadership, etc.) which are either specialist or for later development.

M. This manual is a basic working document particularly designed only as an introduction to;

"Short term missionary outreaches."

II WHAT ARE:

'SHORT TERM MISSIONS' ?

A. A short-term mission (outreach);

1. It is the best way of mobilising the body of Christ into world evangelisation.
2. It is a process. It is not a programme and it is not a hit-and-run exercise.
3. It is taking the gift of love from one part of the body of Christ to another.

B. 'Short-Term'

1. Could be any period from a few days to a couple of years. Anything shorter than a full-time missionary.

FOOD FOR THOUGHT

*"But you will receive power when the Holy spirit comes on you; and you will be my witness in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."
(Acts 1:8)*

"Faith without works is dead". (James 2:26)

"And Johnathan, Saul's son, arose and went to David at Horesh and encouraged him in God." (1 Sam 23:16)

*"And we urge you, brothers, warn those who are idle, encourage the timid, help the weak, be patient with everyone."
(1 Thes 5:14)*

*"Kindness has converted more souls than zeal, eloquence or learning."
(Frederick W. Faber)*

C. 'Missionary' (Short term missionary Outreaches)

1. The word 'missionary' is used to emphasise that it is to the missionary or local pastor where the short term outreach team goes. The team goes in submission and is accountable to the local pastor or missionary.
2. The outreach team does what the missionary 'on the ground' needs and wants. The local pastor or missionaries are left with the after-effects of the team long after they have gone home.

D. An 'outreach' is an investment into the souls of men.

1. It is an investment into the lives of those missionary men and women 'on the front line', where the toughest battles rage. Those reaching the souls of the lost often under very trying and difficult circumstances.
2. It is an investment into those men and women who respond to the preached word of God and who 'witness' the real love shared in the family of Christ as the outreach team work together.
3. It is an investment into those believers on the team who will stretch and grow in the outreach experience.
4. It is not a group of over enthusiastic evangelists 'led by the spirit' setting off into the bush for some remote town determined to make conversions. Nor is it an independent platform crusade.

E. These outreaches are primarily a ministry of 'helps and encouragement'. A 'Barnabus' or James' mission of support'.

1. Missionaries often complain of feeling neglected and lonely - they feel they are 'forgotten' because they are so far away. Often not receiving mail for long stretches.
2. A visit like ours is not only of great practical value but a tremendous encouragement. Spiritually 'topping up those who constantly spiritually pour into others lives. Every believer has a spiritual gift and the gifts have one primary purpose; the building up, or edification of believers by other believers.
3. In addition, the outreach team will enable the missionary to start/complete a project like a clinic or school that they haven't been able to tackle on their own. It is a boost to their ministry.
4. The need of the missionary or what the local pastor wants the team to do is established with the mission station/church well in advance, by the outreach leader or co-ordinator.

FOOD FOR THOUGHT

*"God had only one son and He was a missionary."
(Dr David Livingston)*

*'But Timothy has just now come to us from you and has brought good news about your faith and love. He has told us that you always have pleasant memories of us and that you long to see us, just as we long to see you.'
(1 Thes 3:6)*

*'The one who calls you is faithful and He will do it.'
(1 Thes 5:24)*

*'When Christ calls a man. He bids him come and die.'
(Dietrich Bonhoeffer)*

*"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him and He shall direct your paths."
(Prov 3:5.6)*

5. Epaphroditus (Phil 2:25) and Epaphras (Col 1:7, 4:12-13) are good examples of 'short term missionaries' and how the local church sent them out to assist, minister and encourage 'foreign' missionaries. Timothy at Philippi (Phil 2:19-23) and Thessalonica (1Thes 3:1-3) is another example of how brothers from many cultures and churches ministered co-operatively in a picture of harmony, unity, encouragement and partnership.

D. There are many 'types' of short-term outreach.

1. For example; evangelistic, teaching, church planting, missionary relief workers, etc.
2. If the local church wants us to evangelise, run a crusade, show the Jesus film, then that is what we must do. We can make constructive suggestions bearing in mind that we are in submission to the local church. We do not want to stir up too much dust and leave them unable to pick up all the pieces.
3. At all times (where possible) we work in Christian fellowship, in partnership with, and in submission to, mission agencies or societies and local churches.

E. Evangelism comes hand-in-hand with the 'Helps' (or 'Mercy') ministry.

1. The sick say they need medicine and the hungry say they cannot eat the bible, so we come offering two hands of "food"; Practical and Salvational. With an injection of practical help we will get a hearing for the gospel. In many countries evangelism is against the law.
2. Evangelism is through relationship building, working with local teams and is portrayed in our own relationships. Be sure all the non-believers will be watching us.
3. We are called to make disciples and on a short term outreach we can only make converts who must then come under the care of the local church. Although we are called to share the 'good news' and witness at any time, not all of us have the gift of evangelism (Eph 4:11).
4. Involving non-Christians in community development is one way the church/mission can show it's compassion for the poor and needy. e.g. medical, agricultural, (especially when two thirds of the worlds population goes to bed hungry every night), etc. Motivation towards self-reliance is a powerful tool to reach people.

FOOD FOR THOUGHT

*"Then you will be able to test and approve what God's will is - His good, pleasing and perfect will."
(Rom 12:21)*

*"If the splendour and glory are to shine forth from your service, then you must be prepared to enter the night."
(Basilea Schlink)*

*"If God sends us on stony paths. He provides strong shoes."
(Corrie Ten Boom)*

*"Pray at all times - on every occasion, in every season - in the Spirit, with all [manner of] prayer and entreaty"
(Eph 6:18)*

*"I used to ask God to help me. Then I asked if I might help Him. I ended up by asking Him to do His work through me."
(Hudson Taylor)*

III REASONS FOR AN OUTREACH:

- A. It is because missions are the heart of the Lord and we are part of the body of Christ.
- B. It creates a new unity in the church and because we function as part of the body of Christ across denominational and cultural boundaries.
- C. It creates an opportunity for involvement within the church.
- D. It will build up believers (both those going and those receiving).
- E. It is an investment into peoples lives.
- F. It will establish a 'calling'.
- G. It is a preparation for future ministry or support (e.g. senders).
- H. It is an opportunity to use and develop your spiritual gifts.
- I. It will adjust attitudes (especially cross-cultural).
- J. It is an area of training (e.g. discipleship, leadership, etc).
- K. It offers an opportunity to those who want to do work for the Lord but cannot get away for long periods.
- L. It is the mission minded church that is a transformed church.

IV WHO SHOULD GO:

- A. Some will hear direct from the Lord. Don't ignore it. Consider yourself blessed as the majority have to be coerced.
- B. Any age, any sex, any size, any culture, as long as regenerate children of God we seek to expand/establish His kingdom.
- C. Are you sent or called? - is a hackneyed cliché in mission circles. A missionary is both. A missionary is 'a sent one'. He also has a 'calling' on his life. The crucial question is whether you recognise and understand the call.
- D. Remember - missions are for everyone, in some form. To know where you fit in the Body of Christ you need to spend time with God. We are all called to follow Him and going on an outreach is often the first step in recognising where we fit.
- F. Some would say "if you see the need, if you feel compassion and if you can satisfy that need" you have a 'calling'.

FOOD FOR THOUGHT

'Do you have a love for Me called out of your heart by my preciousness to you, a devotional love that impels you to sacrifice yourself to Me?' (Jn. 21: 15b.)(Wuest)

"Do not pray for tasks equal to your powers. Pray for powers equal to your tasks." (Phillip Brooks)

'I have become all things to all men so that by all possible means I might save some'. (1 Cor 9:22b)

'What makes you different from anyone else? What do have that you did not receive? And if you did receive it, why do you boast as though you did not?' (1 Cor 4:6.7)

"Have thy tools ready. God will find thee work." (C. Kingsley)

- G. Don't hang your hat on it. A call is a divine 'urge' from God. A desire that becomes almost irresistible.
- F. There are dangers. Satan will try everything to stop you. If you believe you should be going then hang-in as the Lord will organise it (often at the eleventh hour).
- G. At the same time there are also those who are NOT meant to go. There are many reasons, e.g. health. Unsuitable 'short term' workers can cause havoc in teams when circumstances become difficult. Be sure you are called to go. Rather follow God - than rush on ahead of Him.

V PITFALLS AND BLESSINGS:

- A. Note that not every outreach will be successful. Satan is getting hurt and 'the snake' doesn't like that. We are at war. Prayer is our protection. The powers of darkness are real. We need discernment and authority to resist attacks through health, the mind, opponents of the gospel and even Christian co-workers.
- B. We must be prepared to die for the gospel. The church is built on the blood of martyrs.
- C. Culture shock is real. Seasoned leaders will recognise and have a concern for those travelling for the first time. Culture shock is usually harder on women than on men. When fully adapted to the new circumstances there is the additional culture shock of returning home! Just remember that others have survived.

VI PREPARATION:

- A. **Prayer. More prayer.** Prayer is not an optional extra. Nor a last resort. Only through the prayer of the saints will God's purposes be carried out.
- B. **The Application/indemnity form** must be completed within the specified time prior to departure and handed, together with the required deposit, to the team leader.
- C. **Plan ahead.** e.g. Malaria tablets, injections, visas, etc. Is your passport valid (up until 6 months after you return).
- D. **Research** the area you are going to. Start reading about great missionaries, attend mission conferences, exhibitions, etc. Learn ten or more words of the language of the people you are going to, you'll be surprised at the effect this has on the local people.
- E. **Satan** will attack and try to prevent you from going. He will attack before, during and even after the outreach.

FOOD FOR THOUGHT

*"Our Lord does not care so much for the importance of our works as for the love with which they are done."
(Teresa of Avila)*

"We give no offence in anything, but that our ministry may not be blamed." (2 Cor 6:3)

*"Do not follow the crowd in doing wrong"
(Ex 23:2a)*

*"But beware lest somehow this liberty of yours become a stumbling block to those who are weak."
(1 Cor 8:9)*

*"Attempt great things for God and expect great things from God. The church that does not evangelise will fossilise. Why should anyone hear the gospel twice before everyone has heard it once".
(William Carey)*

- F. **Be physically prepared.** Are you reasonably fit. If you are sick e.g. the trots, then stay at home. It is no good starting off sick. If you have an ailment e.g. diabetics, then come prepared and let the leadership know - before you leave.
- G. **Be emotionally prepared.** e.g. If you are traumatised by going through a divorce, an outreach is not the place for 'healing'. You need to be emotionally balanced to be able to have input into someone else's life.
- H. **Be culturally prepared.** You will have to adapt to their culture. If what seems okay to you is offensive to others -don't do it, no matter how silly or trivial it may seem to you. When in doubt - rather be conservative.
- I. **Come with the right attitude** - we are on their turf. Be prepared to give of yourself. Give up those 'rights' you love to cling to. Get uncomfortable - and grow!
- J. **Check! Where and when is the point of departure.** Organise transport to and from the outreach departure and point of return. **BE ON TIME.** The team leader will only wait half an hour.
- K. **Let family or relatives** know of an emergency contact number.

VII WHAT TO BRING:

A key guide is to **TRAVEL LIGHT** and **PLAN AHEAD.**

Adapt the following guide according to your circumstances and destination.

Borrowing from others on the trip is bad planning.

- a. **Small suitcase/rucksack** - dependant on length of outreach.
- b. **Bible** (and notebook) - the Lord may choose this time to talk to you!
- c. **Sleeping bag** (and pillow). A down bag if it's winter.
- d. **Evening wear** - depending on season, climate and locality. (e.g. dark clothes for mosquitoes).

FOOD FOR THOUGHT

*"Do not let your beauty be that outward adorning of arranging the hair, of wearing gold, or of putting on fine apparel."
(1Pet 3:3)*

*'Therefore we are ambassadors for Christ. as though God were pleading through us"
(2 Cor 5:20a)*

*"Am I now trying to win the approval of men, or of God? Or am I trying to please men? If I were still trying to please men, I would not be a servant of Christ."
(Gal 1:10)*

*'To obey is better than sacrifice."
(1 Sam 15:22)*

*"What other people think of me is becoming less and less important; what they think of Jesus because of me is critical."
(Sir Cliff Richard)*

- e. **Mosquito repellent** (e.g. Tabbard, Mylol or citronella oil), an insect spray or mosquito coils. A mosquito net if you have one - (not for catching them). The *Khakibos* weed is also a repellent.
- f. **Toiletries**, etc. (not too many etceteras), including towel, toothbrush and paste, toilet roll (well you never know). Bring conditioner - the African sun will dry your hair out quickly. Leave make-up behind. (Ladies don't forget sanitary pads)
- g. **Personal medication** (e.g. malaria tablets). There is a medical kit with the team but try and plan ahead. (e.g. if you wear glasses - bring a spare pair!).
- h. **Night wear**, Warm clothes to sleep in - if it's winter. A track suit is often the best. Plan - e.g. a 'nightie' is very impractical - especially if the loo is a long-drop in the bush - it may even attract predators!
- i. **Clothes** should be functional and suitable, e.g. is it desert, winter, etc. Denims or thick khaki are good everyday wear. No T-shirts with occult designs or symbols. Working clothes - if this is a working outreach. Do not wear military or camouflage clothing. Bring boots and tackies (sneakers). A windbreaker or jacket with hood (parka) if winter. For ladies shorts and mini skirts are out of the question.
- j. **The sunshine** - bring hat, sunglasses, sunscreen or suntan lotion (even if you are not going via Durban). Take sensible precautions.
- k. **Sunday clothes**. Should be neat to wear to church. Don't over dress. Women to wear a dress/skirt that reaches below the knee. Be sure they do not offend.
- l. **Music**. If you play a musical instrument. Bring it. Music is a great ice-breaker. If it's large (e.g. piano) please check with team leader first.
- m. **Sundries** (e.g. camera) are your responsibility. (Leave your 'walk-man' at home). If you bring a camera or video also bring extra batteries and film. Bring a torch (and extra batteries). Remove batteries during travel as the shaking may switch it on and you arrive with flat batteries!
- n. **Insurance?** Check with your team leader. The outreach will probably already be covered by short term insurance.

HINT: When you pack clothes, pack first into plastic bags -your suitcases are not dustproof! Also your plastic bags can be used later for dirty laundry.

FOOD FOR THOUGHT

For I am ready not only to be bound, but also to die at Jerusalem for the name of the Lord Jesus."
(Acts 21:13b)

"The only Ultimate disaster that can befall us is to feel ourselves at home on this earth."
(Malcom Muggeridge)

"By this is my Father glorified. that you bear much fruit."
(John 15:8)

"Why beholdest thou the mote that is in thy brother's eye, but considerest not the beam that is in thine own eye~" (Mat 7:3)

"True giving depends not on what I can spare but on what can I share."
(Richard Dixon.)

"God always builds on ruins." (M. Judy)

DO's AND DON'Ts:

2. Do respect the local culture. If you offend you could undo the work of many years and many people. e.g. It may be polite in some areas to ask before you take photographs.
3. Don't wear earrings if you are a man. Better to look like a man. Unless you are going to the Masai tribe in Kenya - then you better put in plenty. You may think that because the locals don't say anything they don't mind. The people are watching and seeing and being sensitive to you.
4. For ladies the emphasis is on minimal jewellery. One earring in each ear and none in the nose. Unless you are going to India. No 'pigtails' or 'fools tail' haircuts. It is copied from the pop group involved in witchcraft called WICCA. (The tail is a 'goats tail' and is a sign of allegiance to Satan). A good guide is to remember that most 'fads' today originate in witchcraft (e.g. shaving the sides of the head is from Bacchus, the god of debauchery).
5. Do remember that at all times you are being watched. Your behaviour will be emulated as acceptable 'Christian' standards.
6. Don't kiss and cuddle in public. Most outreach leaders don't allow unmarried 'couples'. Any relationships that develop on the outreach will be curtailed - pick them up again when you get back.
7. Do obey your team leader. He carries the full responsibility for the outreach. He in turn will be in submission to the mission or local church. If you have a problem then discuss it with him. He will listen and if necessary make changes.
8. Don't be in rebellion. Rebellion spreads, causes disunity and hurt. It could even lead to breaking up the team and the outreach. Just what Satan wants. He is the master of rebellion. Rebellion is akin to witchcraft and is caused by someone who thinks he is better and knows better and refuses to submit. Share your differences with your leader.
9. Do pray every day. On your own and as a team. Prayer is the 'petrol' of the operation.
10. Don't lose focus on why you are there. We are extending the Lord's Kingdom. it is a ministry of Helps and Encouragement together with evangelism. We are coming to serve.
11. Do keep faithful to your daily assignments if you been assigned tasks or responsibilities. It's part of stewardship and often the rest of the team depends on that one task.

FOOD FOR THOUGHT

*'Will He not repay each person according to what he has done?'
(Prov. 24:12b)*

*'God is our refuge and strength, a very present help in trouble.'
(Psalm 46:1)*

*"For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do."
(Eph 2:10)*

*"For which of you intending to build a tower, does not sit down first and count the cost, whether he has enough to finish it."
(Luke 14:28)*

*"Depend on it! God's work done in God's way will never lack God's supply".
(Hudson Taylor)*

12. Don't form little 'cliques' or 'holy huddles'. We are all one. Gossip and grumbles start in these groups.
13. Do watch your hygiene. Use deodorant (men too!). Men shave (if you do) regularly. We are ambassadors for Jesus.
14. Don't buy African masks when looking for souvenirs. They are used in various rituals and heavily cursed by witchdoctors. Many African artefacts are cursed. Beware also of accepting gifts - especially bracelets made of animal skin.
15. Do watch your emotions in all circumstances. You will be tired and hot. The flies may be bothering you. The vehicle may be breaking down. Then you may see terrible poverty, sickness, hunger, etc. You may be homesick or just that someone snores like a tractor all night. Sadly it is in the area of relationships that we are weakest and this is the area that Satan will choose to attack. We are all human. Remember too that we are all saints in the making.
16. Don't be put off by local customs. e.g. The men may urinate near you and (for men) try not to gape at the 'topless' African women. To them it's all natural. Watch out for 'peeping toms', usually it's only curiosity.
17. Do your best under the circumstances. You may never get another chance to go again. You will certainly never forget this experience!

THE TEAM:

- A. has shared goals. (The goal posts are at the same end of the field). The key is focus.
- B. needs the anointing of God on their lives to be effective and bear fruit. Human compassion and love alone are inadequate.
- C. is a group and moves in unity of spirit. Love is the key. (Individuals don't make a team).
- D. the group members must be committed to work together. The key word is inter-dependent.
- E. has mutual trust, support, and respects differences. (We are all different parts of the same body - warts, corns and all). Tolerance is the key.

FOOD FOR THOUGHT

*'Yet more, oh my God!
More toil, more agony.
more suffering for
me. Untold millions are
still untold.'
(Francis Xavier)*

*"Therefore go and
make disciples of all
nations, baptising
them in the name of
the Father and the
Son and the Holy
Spirit and teaching
them to obey
everything I have
commanded you.
(Mat 28:19)*

*'When we lean on our
own understanding we
don't have a leg to
stand on.'
(Roy Lessing)*

*"Don't say we have
no opportunity to
reach people. It is
not the chances that
are missing but that
we are missing the
chances."
(Charles Guillot)*

*'We never repent of
eating too little'
(Thomas Jefferson)*

- F. is only as strong as the team members (not the leader, he is the only the 'conductor' or 'delegator' and manager). The key is to pull your weight.
- G. is accountable to a larger team (i.e. the church). The key is stewardship.
- H. needs; a leader, intercession, someone who has knowledge of first aid, someone mechanical, a cook, etc.
The key is many talents make a whole worth while.

THE COST:

A. There is a cost to missions;

1. It cost God His Son.
2. There can be no blessing without bleeding, no crown without a cross, no life without death.
Glory in these truths.
3. The cost is sacrificial. Give sacrificially and get out of your comfort zone. When you stretch you grow.

B. The deposit

1. Is required (together with the indemnity & application form) must be paid four weeks prior to departure.
2. Unless prior arrangements have been made.
3. 50% of the deposit is not refundable should you withdraw from the outreach. The money will however either be used towards the outreach expenditure (depending on whether the outreach is cancelled).

C. The financial cost for missionary enterprises (even short term) is always higher than that for 'home' ministries.

D. The financial policy on an outreach is 'all inclusive'.

1. All costs and savings are shared equally (food, fuel, etc.) except for visas. This applies whether you miss meals, arrive a day later, get free company petrol, etc
2. Children under 12 are half price.

FOOD FOR THOUGHT

He said to them. "Go into all the world and preach the good news to all creation's"
(Mark 16:5)

"If Jesus Christ be God and died for me, then no sacrifice can be too great for me to make for him".
(C.T.Studd)

Offer your bodies as living sacrifices, holy and pleasing to God.
(Rom 12:1)

"The beginning of anxiety is the end of faith; and the beginning of true faith is the end of anxiety."
(George Muller)

"Because of the work of Christ he came close to death, not regarding his life, to supply what was lacking in your service toward me."
(Phil 2:30)

- Utilisation of mission supplies for personal needs must be paid for. e.g. medicines (obviously within reason).

E. To make the outreach less of a conciliatory or patronising nature;

- The receiving mission must contribute to some extent. We must not be seen as a 'bottomless pit' of money or as the panacea to all their problems.
- The receiving mission/church must retain 'ownership' of the project.
- Where possible the receiving mission will be trained, 'catch the vision' and complete the task themselves

F. Not Included:

- Personal expenses. e.g. medicine, inoculations, passports, visas, cool drinks, etc.

G. Hospitality:

- Where we get 'free' accommodation we will always leave a 'gift' of thanks for the hospitality.

H. Food:

- All food is shared equally.
- The exception is made for those on special medical diets (why are you on the outreach?).
- No secret stockpiles of food (e.g. chocolate addicts). We are all in it together. A forfeit is mandatory for those caught with hamster traits.

FOOD FOR THOUGHT

*"I never made a sacrifice. We ought not to talk of "sacrifice" when we remember the great sacrifice He made who left His fathers throne on high to give Himself for us."
(Dr David Livingston)*

*"The only ultimate disaster that can befall us is to feel ourselves at home on this earth."
(Malcom Muggeridge)*

*"Lo, I am with you always, even until the end of the age."
(Matt 28:20)*

*"Be strong and work; for I am with you." says the Lord".
(Haggai 2:4)*

*"Jesus Christ will be Lord of all or He will not be Lord at all."
(Augustine of Hippo)*

DISEASES:

A. Malaria:

If you are going to a malaria area - get advice from your GP etc. But make sure they know what they are talking about and are up to date (most don't!). The situation is constantly changing. Probably because Malaria is transmitted by the female mosquito.

There are many prophylactics for the many different strains. The parasite is now mostly resistant to chloroquine/quinine. The current favourites seem to be Fanzidar, Paludrin, Daraprim, Larium, Maloprim, Nivaquine, Darachlor, etc. Larium is popular but very expensive, has terrible side effects and can mask the symptoms should you get Malaria.

The other option is to take no precautions but be extremely cautious - and pray.

B. Sleeping sickness:

The team (after only a few days!) are often accused of having the symptoms. Except that the real thing is highly fatal. Susceptibility is general. Begins with a fever, severe headaches and drowsiness, anaemia and oedema (dropsy). You begin to pine away and insomnia increases. Caused from the bite of the Tsetse fly. You'll know because it stings! But not every Tsetse fly is a carrier.

The good news is that it may be months or even years before sleeping sickness has its full effect!

C. Bilharzia:

Also endemic in Africa. Picked up washing or swimming in stagnant water. Brown urine is a symptom. It attacks the intestines, urinary tract and liver when chronically affected. Today it's curable with a course of tablets.

D. Diarrhoea:

Nearly all travellers get it at some stage because of the difference in water and diet. Usually lasts 1 to 3 days (mild forms last longer). Stools are watery and sometimes preceded by severe stomach cramps. Slight fever, general indisposition including a feeling of weakness.

The good news is it's not dysentery!

E. Yellow fever:

Is endemic to most of Africa and is highly infectious. Also from the mosquito. (Makes you wonder why God made them). You get a sudden cold fever, headaches, backache, immense weakness, nausea and vomiting. Eyes are bloodshot, there is constipation, passing urine diminishes and the tongue is coated.

Sounds great? Well it doesn't last long, in the worst cases death occurs between the 6th and 9th day but by then you'll be passing black stools and vomiting blood anyway.

The good news is that once you've had it (and survived), you are immune for the rest of your life!

FOOD FOR THOUGHT

*"The worker is far more valuable to our Lord than the work."
(Lettie Cowman)*

*Let us walk as stewards and not act as owners, keeping for ourselves the means with which the Lord has entrusted us. The proceeds of our calling are not our own in the sense of having freedom to spend them on the gratification of our pride or our love of pleasure."
(George Muller)*

*"The greatest proof of Christianity for others is not how far a man can logically analyse his reasons for believing, but how far in practice he will stake his life on his belief."
(T.S.Elliot)*

*"No-one gives himself freely and willingly to God's service unless, having tasted His fatherly love, he is drawn to love and worship in return."
(John Calvin)*

F. Tick-bite fever:

From a tick bite (obviously!). Headaches, backache and loss of appetite. Little blood suckers. On the second to fourth day the rash appears and temperatures rise (the patient's) to up to 106 degrees F - again with bloodshot eyes. The good news is - once you've had it - you're immune from now on! - doesn't matter how many bite you...

G. Others:

There are of course many others - **Cholera, Typhoid fever, Malta fever, Amoebic dysentery, Sand-fly fever, Relapsing fever, Rabies, Plague**, etc. but this manual is only a guide to the basic health hazards you are likely to encounter - like assegai wounds, etc.

Snake, scorpion and spider bites haven't been mentioned, nor other forms of accident. Just be sensible and know that all animals, reptiles, insects, etc - are more scared of you than you are of them!

H. **The team** is presumed highly unlikely to contract any of the many debilitating and usually fatal sexually transmitted diseases. e.g. HIV/Aids.

I. **In all cases** when a team member displays any serious symptoms they will be rushed to the nearest hospital.

J. **Most of you** will probably only get a mild dose of sunburn!

ARE YOU STILL GOING? - good!

XII THE RETURN:

A. The time when you are most vulnerable to an accident. You're tired, homesick, want your own bed, etc. Beware!

B. Don't speed if you're driving. It's very tempting.

C. Don't feel you can now let off pent up emotions (e.g. against someone whose been bugging you).

D. A report will be filed on the outreach. As part of your accountability you should report back to your own church.

FOOD FOR THOUGHT

"I will make you into a great nation and I will bless you; I will make your name great and you will be a blessing. I will bless those who bless you and whoever curses you I will curse; and all peoples on earth will be blessed through you."
(Gen 12:2,3)

"This service that you perform is not only supplying the needs of God's people but is also overflowing in many expressions of thanks to God."
(2Cor 9:12)

"Remember this: Whoever sows sparingly shall also reap sparingly, and whoever sows generously will also reap generously."
(2 Cor 9:6)

"When they had come and gathered the church together, they reported all that God had done with them"
(John 14:27)

XIII EVALUATION:

There are three inter-related subjects involved in evaluation:
Authority, Responsibility and Accountability.

1. Your own evaluation takes place when you finally stand before God. How you give, behave, etc. on this outreach is ultimately between you and God.
2. As a result many argue they are only beholden to God. But we are also bound by a strong scriptural injunction to be responsible in our stewardship.
3. We are all accountable, and to each other.
4. There is also the argument that evaluation forms the basis for improvement.
5. Please complete the attached 'evaluation form'. Be honest and should you wish; anonymous.

Bound into this document are two forms to be completed by all going on the outreach.

- A. The first form [Application and Indemnity # 01/021] must be completed before you leave.
- B. The second form [The evaluation form #OEICII at the end of the outreach after you return.

"Well done thy good and faithful servant".
(Matt 25:21)

[See you next time!]

... of course we will !